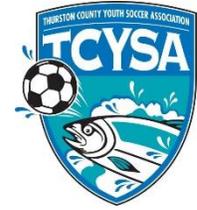


# TCYSA Fall Season 2020 Policies - COVID-19 Edition



TCYSA is committed to providing the safest possible environment for all fall recreational soccer season participants. The policies and guidelines below are intended to facilitate that commitment. However, given the dynamic nature of the current public health emergency, TCYSA may need to change or revise policies and guidance in accordance with changing conditions and updated information from state and local public health officials and Washington Youth Soccer. TCYSA member Clubs are expected to follow and enforce these policies.

## Key Dates:

Final game schedules out Sept. 4

Games Sept. 12 - October 31

## Game Scheduling:

- Teams will have 7 or 8 games during the season depending on field availability. Games will primarily be held on Saturdays, with any games that need to be rescheduled possibly being scheduled on Fridays or Sundays.
- For ease of scheduling there will be less focus on home fields and minimal rescheduling requests accepted.
- No teams or individual players may participate from counties that are not in at least phase 3.

## Team Structure:

U12 and under will play 6v6 (includes keeper) with rosters of 10 (will not travel outside Thurston Co.) (minimum roster size is 8)

U13 and above will play 7v7 (includes keeper) with rosters of 12 (minimum roster size is 9)

## Game times & Field Sizes:

6v6 – 25-minute halves with 5-minute half time

7v7 – 30-minute halves with 5-minute half time

6v6 - 50x35 with 12x12 goalbox measured off of the posts

7v7 - 60x40 with 15x15 goalbox measured off of the posts

## Coaching COVID – 19 Safety Measures:

Face-coverings/masks: TCYSA will require all coaches to wear face coverings at all times before, during and after practices and games. **NO EXCEPTIONS.** Coaches who are not able to do so cannot coach. Coaches are expected to help by setting a good example of complying with all safety measures including mask wearing and to make sure that players are also complying. They are also expected to help educate parents about the safety requirements.

*(A face shield with a drape is an acceptable alternative to a mask or other face covering.)*

Field Marshalls & Discipline: Clubs are expected to provide volunteers so that it is possible to have field marshals out at every location for Saturday games monitoring compliance with TCYSA's policies and Return to Play requirements. Coaches who do not comply after a reminder/warning will be subject to

discipline similar to receiving a red card. The same with spectators and players who refuse to comply after a reminder/warning.

Screening: Each participant (coach, player, and spectator) is expected to conduct their own screening prior to attending any practice or game. The screening should include a temperature check (below 100 F) and monitoring for these common COVID-19 symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

You can also use this symptom self-checker tool from Johns Hopkins Medicine:

<https://www.hopkinsmedicine.org/coronavirus/covid-19-self-checker.html>

## **TCYSA Fall Return to Play Rules:**

### **TCYSA Fall Return to Play Guidelines**

1. Be smart: If you are sick, stay home. This applies to everyone: players, coaches, and parents. If you have been sick, stay home for 14 days after recovery.
2. Screening: Coaches greet all participants before practice and ask if they have conducted their own screening for a temperature or symptoms. Also ask if they have been sick in the last 14 days or in direct contact with a person who is sick. Send home immediately if the answer is “yes.”
3. Sanitize: Have hand sanitizer available and encourage hand washing before and after all activities.
4. Group play: All activities must be limited to the max number allowed in the current phase.
5. No team events/huddles: No high-fives, handshakes, huddles, celebrations, team snacks or hugs. As much as we want to physically connect, this is not a safe practice for anybody right now.
6. Masks: Coaches must wear a mask before, during, and after practice and games. NO EXCEPTIONS. Players must wear a mask before and after practices and games. Players must wear a mask any time when not actively practicing or playing. That means that anytime a player is on the sidelines/bench they must wear a mask.
7. Drop-off/pick-up: if possible, parents should remain in car for drop-off and pick-up. All spectators must remain 6 feet apart. Parents are strongly discouraged from attending practices and parent/spectators are limited to one per player for games.
8. Water bottles: to minimize accidental sharing of water, players must keep their water bottles in their own bag when not in use.
9. Virus reporting: TCYSA and member Clubs will partner with Washington State Department of Health and any local health department on any case investigations and contact tracing. For more information about case investigation and contact tracing visit this Department of Health webpage, <https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/CaseInvestigationsandContactTracing>
10. Have fun, stay positive: everyone is looking to each other to stay calm, supportive, and compassionate during this time.

## TCYSA COVID-19 Fall Game & Spectator Rules

TCYSA is excited to provide a fall recreational soccer season. This is an unprecedented situation and we are all doing our best to be safe. All coaches, players, family members and spectators must help us by following all social distancing and other safety measures while participating in or attending a TCYSA event.

1. One spectator per player. Pursuant to the mandate from the Governor during Phase 3, we may have no more than 50 people at each field. Accordingly, we are asking that each player be accompanied by only one spectator at each game.
2. Enjoy the match and exit. Players may arrive no earlier than 30 minutes prior to kickoff, and must depart as soon as possible, preferably within 10 minutes after the completion of the match. Spectators should only go to the field as close to the start of the match as possible—preferably not during any of the warmup period.
3. Stay 6 feet apart. At the field, you must stay 6 feet away from non-household members. Unlike most seasons, spectators do not need to remain on a specific sideline and can watch from any vantage point around the field, including on the endline. We do ask that any spectator on the endline refrain from providing any direction, coaching or communication to any player on the field. As a reminder, TCYSA sideline behavior policies remain in effect.
4. Masks (Spectators). Everyone attending a game must comply with the face coverings order issued by the Secretary for the State Department of Health which requires wearing face coverings in public settings. TCYSA games constitute public settings. Face coverings must be worn outdoors when individuals cannot maintain at least six feet of separation from individuals who are not members of their household.  
[https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Secretary\\_of\\_Health\\_Order\\_20-03\\_Statewide\\_Face\\_Coverings.pdf](https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Secretary_of_Health_Order_20-03_Statewide_Face_Coverings.pdf)
5. Masks (Players and coaches). We are following guidance from Washington Youth Soccer, which can be found at <https://washingtonyouthsoccer.org/washington-youth-soccer-return-to-play-guidelines/#1589400011884-b186f7e2-a65b> and the State Department of Health order. Coaches must wear masks before, during, and after games. Players must wear masks before and after games and while on the sidelines/bench during a game. Everyone should use hand sanitizer immediately following each session. Players will not be required to wear masks while playing but are free to do so if they choose.
6. No team events/huddles. Teams should minimize any gathering as a group before, during and after the game. If necessary, coaches may spend a few minutes with the players, but there should be no huddles, snacks, cheers, celebrations, etc. Also, spectators should allow your player to come find you instead of going over to the team sideline to find him or her.
7. Feeling sick – stay home. If you are feeling sick, please stay home. All participants (coaches, players, spectators) must conduct their own COVID-19 symptoms screening prior to attending a game. One screening tool is available at <https://www.hopkinsmedicine.org/coronavirus/covid-19-self-checker.html>

We know that this season will differ from past seasons in many respects. In order for us to continue to provide recreational soccer we all need to do our part to comply with the mandates and restrictions set forth by health officials. It is up to all of us to provide a safe and enjoyable playing environment. We appreciate your efforts in that regard.